

# EASEBOURNE

## Magazine

September/October Vol 22 No.3



The Community Magazine for the Easebourne Parish

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# BEAR

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# Welcome to the Mellow Fruitfulness



**Thank you for the very kind comments I've received about my first issue of Easebourne Magazine. I appreciate it was a step change from a church-focussed magazine to one that embraces the entire community, but it can only help to spread the joy of our very special parish.**

The one thing I very quickly realised, as I began my work on the magazine, is that Easebourne and its environs are vibrant and lively with a great deal going on. A couple of exploratory trips saw me meeting some fascinating people with wonderful stories to tell. They'll be appearing within these pages sooner or later, mark my words.

The Instagram page has been a joy to compile too, if ever there was a photogenic village I think we're in it. From the polo lawns and the Ruins at Cowdray to the Gertrude Jekyll gardens at the King Edward VII Estate, this is an outstanding place to live and the rich architectural heritage and history that

surrounds us is something we should all cherish.

In this issue, we meet Heidi at the surgery who is helping local people to become more healthy. We find out how I went on a world wide web journey to find an image with surprising results. There is a report on this year's Produce Show and, as usual, we hear from our community groups and regular contributors.

The one thing that has become very apparent to me is the amount of clubs, societies and organisations calling out for volunteers. Almost every page of our last issue featured a plea for more help. Please do think about what you can do to pitch in, just a few hours a month can make all the difference.

Finally, please spread the word to your friends and family about our magazine. We'd love to increase our circulation locally. After all, readers are what it's all about!

● Jan Harvey, Editor

# Your Health a Helping Hand



## **What sort of services are you offering as a Health Coach with the Riverbank Surgery in Midhurst?**

I aim working with each of my clients on a one-to-one basis to create lasting change and improvement to that person's well-being and overall health. I work in an informal way designed to address lifestyle changes and develop the skills my clients need to take control of their health.

## **How do you help people to become sufficiently motivated to change their lifestyle?**

People often have already received advice on how to make healthy changes in their life and they are already aware of what needs to be done. However, circumstances can make these changes difficult to begin as well as maintain and that's where health coaching comes in. It helps to increase motivation, introduce healthy behaviours and develop ways of living a better life in a way that works for each person as an individual.

## **How long does it usually take?**

I allow up to six sessions and then I follow up after three and six months.

## **In which areas do specialise?**

I can help with weight loss, a healthier diet, more active lifestyles, stress

reduction and low moods. I can also assist in managing long term health conditions such as pre-diabetes, hypertension, stroke, COPD, osteoporosis and arthritis.

## **Are there any other aspects of people's health that you can assist with?**

I am also a smoking cessation advisor and can help people to stop smoking for good with the help of nicotine replacement therapy and behavioural support. Stopping smoking is one of the biggest changes a person can make to improve their health.

**Heidi Johnson has been working with the Riverbank Surgery as a Health Coach. Jan Harvey caught up with her to find out more about her valuable work with the local community.**

## **What would be your favourite piece of advice for people who would like to make a change to their health?**

Small changes can make a big difference to your quality of life, my favourite saying is Movement is Medicine!

You can be referred to me by your GP or other health professional, or self-refer by contacting the Riverbank Medical Centre for more information.

■ **Riverbank Medical Centre**  
■ **01730 812121**

## Afternoon Delights



*A stunning cake made by a member of Buds and Blooms*



*Speakers left to right: Jessica Anderson and Fiona Dykes*

I was delighted to accept an invitation to the Midhurst Buds and Blooms Society. Having heard so much about it. I knew it was set up to support local businesses and I expected the odd reference to flowers too, but little did I know this was a whole new world of networking.

My afternoon began with an introduction to MaryAnn Kauntze, the founder of the group. She typifies the ethos of it: 'free spirited,' 'creative' and, wearing the most beautiful dress, quite 'floral!' Many people will have seen MaryAnn on her instagram page @mymidhurstlife, doing a fabulous job in promoting the town to its very best advantage. MaryAnn, together with Coleen Rose and Katharine Pethick, have built something special with this quite unique approach to supporting local businesses.

Fiona Dykes and Jessica Anderson



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of Hortus Poeticus were the speakers who, together, managed to deliver a very informative talk whilst simultaneously creating a 'Long and Low' table centre using their home grown stock of stunning flowers.

With their practised hands and extensive knowledge of flowers it was fascinating to see how they balanced the arrangements, using bolder, large stems such as dahlias at the front, (now very fashionable again), with fine wispy specimens, such as grasses and ferns, on top.

### *Spectacular*

The ladies then produced candle arrangements followed by a spectacular dining table full of bud vases, all containing edible plants, displayed between colourful candles. Everything they arranged was generously given away in the raffle afterwards.

At the 'natural break', Mike Noble, of Noble and Stace, was on hand to sell his delicious hand-made artisan chocolates and he had laid out a range of samples. Melt in the mouth does not come

close to describing them. However, the winners on the day were the absolutely exquisite cakes made by the members. This is a networking group with serious baking skills. Not only did the flower-topped cakes look stunning, the citrus cake I sampled was absolutely delicious.

According to member, Caroline Wright from Stedham, a Buds and Blooms afternoon was "a couple of hours each month when you can lose yourself and forget everything." She loves the simplicity and elegance of the whole event. With this I can fully concur.

Armed with my new knowledge of how to create stunning floral table centres, refreshed by a welcome cup of tea and a delicious piece of cake and toting a brown paper bag containing two gorgeous bars of chocolate, you could say I had enjoyed myself to the full.

**Midhurst Buds and Blooms meets the last Tuesday afternoon of each month in The Old Library.**

■ [www.midhurstbudsandblooms.com](http://www.midhurstbudsandblooms.com)

● Jan Harvey



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# What's On

## Bepton and Cocking Fete

Stalls including retro and vintage, produce, books, toys, gifts and jumble. Dog show and cake competition.

**2 September 2.00pm - 4.30pm**

**The Rectory, Cocking**

**All information call: 07766 494007**

## The Arts Society, Midhurst

Manet, Degas and Baudelaire.

Paris; City of Modernity

**5 September**

**Coffee is served from 10.00am**

**Lecture 10.45am - Noon.**

**The Methodist Hall, Midhurst.**

**[www.theartsocietymidhurst.org.uk](http://www.theartsocietymidhurst.org.uk)**

## Grayshott Folk Club

### Folk Night

A fabulous opportunity to hear Ray Jackson and Vo Fletcher of Lindisfarne performing with Ric Sanders of Fairport Convention. Tom Leary (Feast of Fiddles/Joe Brown's Band) also joins Silverblues to play some of the earlier Lindisfarne favourites and some of the newer ones, which feature Ray's astonishing blues harmonica.

**23 September 7.30pm**

**The Village Hall, Grayshott, GU26 6TZ**

**Admission £22.00 tickets available from Grayshott Post Office or [www.ents24.com](http://www.ents24.com)**



## Midhurst U3A

### September Meeting

#### A Conspiracy History of the World

Why do people believe in conspiracy theories, and what is the evidence to support them? A talk by Andy Thomas.

**19 September at 2.00pm for 2.30pm**

**Midhurst Methodist Church Hall**

**Admission: Members £2.00 Visitor £3.00**

**No need to book.**

**[www.u3asites.org.uk/midhurst](http://www.u3asites.org.uk/midhurst)**

## Midhurst Artisan Makers

### and Vintage Fair

A chance to pick up some homewares, antiques and artisan products

**23 September 10.00am - 4.00pm**

**Midhurst Market Square**



## The Weald and Downlands Museum

### Botanical Illustration:

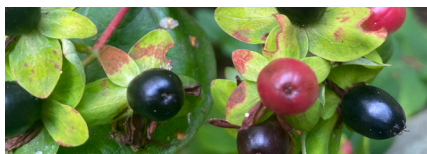
#### Hips, Haws and Berries

Learn to study the botanical features of Hips, Haws and Berries and create realistic botanical illustrations by drawing and painting with precision and accuracy. This course, led by Leigh Ann Gale, a professional botanical artist, is suitable for all abilities and allows you the opportunity to work at your own pace with plenty of help and guidance.

**23 September at 10.00am - 4.00pm**

**The Weald and Downlands Museum**

**Booking Essential £70.00**



## Midhurst Buds and Blooms Society

### The Garden Goddesses

Learn how to grow beautiful flowers from seed for cutting or for eye-catching borders.

26 September 2.00pm - 4.00pm

The Old Library

Members only

Visit [www.midhurstbudsandblooms](http://www.midhurstbudsandblooms)



## The Haslemere Players

Calendar Girls - The Musical

24 September- 28 October

Haslemere Hall

[www.haslemerehall.co.uk](http://www.haslemerehall.co.uk)

Send your events to:  
[easebourneeditor@btinternet.com](mailto:easebourneeditor@btinternet.com)

## Grayshott Folk Club

A night of folk music with James Yorkston and Nina Persson (The Cardigans) who recently released an album recorded with Sweden's Second Hand Orchestra, called "The Great White Sea Eagle". On release in February it went straight to number one in the Official Folk Chart.

14 October at 7.30pm

The Village Hall, Grayshott, GU26 6TZ

Admission £18.00 tickets available from Grayshott Post Office or [www.ents24.com](http://www.ents24.com)

## The Chantry Quire

### Brahms Requiem with Peter Allwood

Join the Chantry Quire and their Musical Director Peter Allwood, to sing this inspirational masterpiece in the original German. Peter will lead rehearsals for the entire work, culminating in a complete performance with professional soloists and organ accompaniment.

14 October from 10.30am - 6.00pm

St. Mary's Church, Easebourne

Tickets £20.00 tickets available from [chantryquire.org.uk](http://chantryquire.org.uk)

# Out and About



 [stanton\\_and\\_willis](https://www.instagram.com/stanton_and_willis)

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# Tracing an Image



Every editor knows that copyright is important. Unlike the internet, where the law is flouted by people posting images, often those that clearly contain watermarks, using them without permission in print is illegal.

I double-checked and the law is very clear, indeed the piece I researched ended with the stern warning “If in doubt don’t use it.”

So, when I needed to use this image of the boiler being delivered to the Engine House of the King Edward VII hospital in the July/August issue, I had to begin an extensive search to find out who held the rights. I googled every iteration of “Boiler/Engine House/King Edward VII” that I could think of but to no

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The world wide search for  
one picture that led  
Jan Harvey back to home.

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avail.

So then I began the trawl of established photo library websites and archives, but, once again, I

drew a blank.

## Helpful

It occurred to me that the image I was using was featured in the well-known book about the King Edward VII Hospital, by Dr. Sandy Large, so I emailed the publisher.

Andrew Illes of Phillimore Book Publishing emailed me immediately, by return. Although his advice was very helpful and he reiterated the facts about copyright, he couldn’t give me the permission I needed.

Back to Google, where I discovered,

by looking at its website, that our very own Midhurst Society have a wonderful archive of local photographs. I felt I was close, but no, after a good look around the website there was no sign of the boiler picture.

I emailed the Society on the off-chance the image was stored in some dusty computer archive away from public view and that was when I was signposted to the Francis Frith Collection. I duly filled in an enquiry online.

### The Thrill of the The Chase

A reply to my email came immediately from Photo Library Manager, Julia Skinner: "Unfortunately this is not an image that is held in The Francis Frith Collection. However, I believe I have found the image you are looking for at the bottom of the page on this weblink to the Gravelroots website."

And there it was! Julie had located it. I immediately clicked on the link and discovered that, after all my searching, on the worldwide web, Gravelroots is in...Fernihurst! An email followed and permission was granted, as Tommy Cooper would have said, "Just like that!"

What do they say about the thrill of the chase? All I will say is it was a very satisfying outcome and I am extremely grateful to all those involved who didn't give me flat "no," but who took some time out to assist me.

In my experience, archivists and researchers are bit like that, they tend to go the extra mile and for that, this particular Editor is extremely grateful. Now for the next hunt!

● Jan Harvey

■ [easebourneditor@btinternet.com](mailto:easebourneditor@btinternet.com)

Picture by kind permission of [gravelroots.com](http://gravelroots.com)

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# Free coffee!

Throughout the UK, 16 - 24 September is u3a week. It's a seven day celebration to showcase the activity, learning and fun which takes place across the movement every day. It's all voluntary.

Like all u3a's, Midhurst is home to many activity groups covering subjects ranging from art history to walking as well as outings and social events.

Members draw upon their knowledge



and experience to teach and learn from each other for pleasure. It's local, social, friendly and low-cost.

Ideal for anyone approaching retirement or already partly or fully retired, everyone is invited to find out more at the Midhurst Methodist Church Hall on Saturday 16 September. It would be helpful if those coming could email ahead to confirm attendance.

■ [midhurstu3a@gmail.com](mailto:midhurstu3a@gmail.com).

■ [www.u3asites.org.uk/midhurst](http://www.u3asites.org.uk/midhurst).

Midhurst

**u3a**

Learn,  
Laugh,  
Live

## A Conspiracy History of the World

**Why do people believe in conspiracy  
theories and what is the evidence  
to support them?**

**A talk by Andy Thomas**

Tuesday 19 September  
2.00 for 2.30pm

Midhurst Methodist Church Hall

Admission: Members £ 2.00  
Thinking of joining Midhurst u3a?  
Come as a visitor - £ 3.00

No need to book.  
Refreshments 2 - 2.20pm

[www.u3asites.org.uk/midhurst](http://www.u3asites.org.uk/midhurst)

# A Day Out To....

## The Weald and Downlands Museum

**I make no bones about it, The Weald and Downlands Museum is one of my favourite places on Earth. I became a member after my first visit and have remained one ever since.**

Stretching out across forty acres and home to over fifty historic buildings, all of them previously threatened with demolition, the museum offers visitors the opportunity to experience living history. You can step inside a Saxon hall house, watch cooks at work in a Tudor kitchen or see what an early indoor privy, with its 'long drop,' looked like.

A day out here is different every time, there is a great deal to explore. You can participate in a workshop, visit the set of BBC TV's Repair Shop (and spot a cast member or two), or enjoy very tasty picnic put together by the café.



Experts are often on hand to demonstrate fabric-dyeing, archery, animal husbandry and gardening through the ages and, if you're lucky, you'll be entertained by a lute player.

Created in 1967, the late Dr. J.R. Armstrong MBE, led a group of enthusiasts and began the project on land gifted, for a peppercorn rent, by a local landowner, Edward James of West Dean. The museum opened to the public three years later and since then it has grown considerably.

These days over a hundred and fifty thousand people a year visit, making it a huge draw to the West Sussex area.

We're very lucky to have this magical place on our doorstep and I heartily recommend a visit, it is

day out suitable for the whole family.

■ [www.wealddown.co.uk](http://www.wealddown.co.uk)

● Jan Harvey

# Producing **The** Best



**This year's Annual Produce Show of Easebourne Garden and Allotment Society had a record number of entries and they all looked stunning displayed in Cowdray Hall.**

**Tina Litchfield reports.**

*Julie Green with her prize-winning sweet peas*

The Produce Show, held on a very wet August fifth, was a great success with about two hundred entries, many from new members. Our local gardeners grow their vegetables and fruit either in their own back gardens, on their allotments, or even on their tiny patios. Despite challenges brought on by the weather there were many really excellent entries.

### The Trophies

The judges gave the Best in Show trophy to Nicola Cheriton-Sutton from Tillington for her quiche. They declared that they had never tasted better. She also swept the board with her displays of vegetables, flowers and kitchen produce and walked away with the Harral Cup for the most points for fruit, flowers and baked goods. She also won the Fiona Gowar prize for the most points for baked



goods and preserves. Ann Wright, a new member, won the Gayford Cup for the most points in the vegetable categories.

### Family Connections

Allotment holder John Etherington, a first-rate gardener, won the Dave Gibbs trophy for the best individual entry for his runner beans.

John's wife Molly won the Lilian Etherington cup for dahlias.

John grew up in Easebourne and he has been a member since childhood, learning his gardening skills from his parents. His mum, Lilian, loved her dahlias and many years ago donated the cup in her name to the Society. It is fitting that it went this year to her daughter-in-law, Molly. Others who did very well this year were Karen Heath, Daphne Wakeford, John Taylor, and new member Julie Green.

■ EGAS@tinagavin.com

■ Tel 01730 816542.



Admiring the displays



John Etherington: Winner of best individual entry



John Etherington wins the Dave Gibbs trophy



Caroline Nelson presents Ann Wright with the Gayford Cup

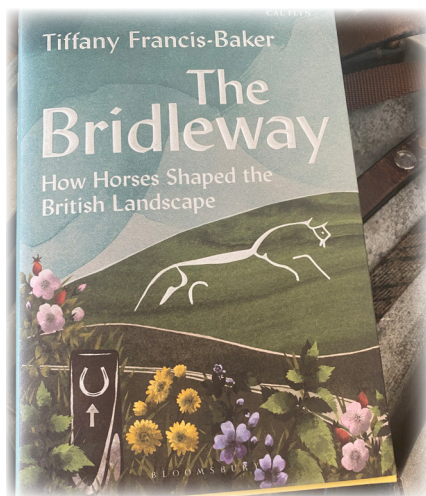
# BOOK CLUB

**It was the subtitle of *The Bridleway* that caught my eye, “How Horses Shaped The British Landscape.” It did not let me down.**

This book took me on a journey, not only into the history of how we have domesticated and made the horse part of our lives from the dawn of time to the present day, but how very much this consistent yet versatile beast has shaped the landscape around us.

Better still, with Tiffany Francis-Baker being a local author, the terrain she describes is familiar and this, for me, brought real depth to what she has written.

In one chapter I learned how Rotten Row in London was so named, in another I was reading about Nazis creating a ‘franken-breed’ of horse as they experimented with eugenics. However, the most fascinating tales centred around The Devils Punch Bowl and the dark centuries where cut-throats and highwaymen prevented all but the bravest of travellers heading to the ports. It was roads of chalk and



flint constructed by Romani Travellers that opened up safer passage. The surface was so light in colour the road in Sheet was known as The Milky Way.

For more fascinating stories and to learn aspects of equines that even the most knowledgeable horse-lovers do not know, I would heartily recommend this book.

● Jan Harvey

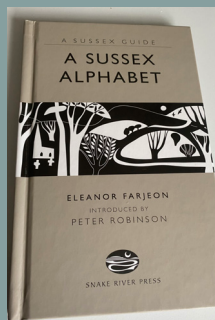
■ Do have books to recommend? Send your suggestions to [easebourneditor@btinternet.com](mailto:easebourneditor@btinternet.com)

## SUSSEX IN FOCUS



**CIRCULAR WALKS AROUND MIDHURST**  
Michelle Facer

The ideal companion to explore the very heart of the South Downs National Park



**A SUSSEX ALPHABET**  
Eleanor Farjeon

A collection of poems first published in 1924 reflect the authors deep love of the Sussex countryside.

1. Where in London is the world's longest single-span roof structure?

2. What might feature a conning tower?

3. Vehicles over what age are exempt from an MOT?

4. Roald Admundsen was the first man to reach the South Pole, but where was he from?

5. What are the five Great Lakes?

6. What is the world's best-selling stout beer?

7. What sporting event has a strict dress code of all-white?

8. Which English painter was famous for his scenes of the industrial north with their matchstick figures?

9. Which country is projected to surpass China in 2023 to become the world's most populous country?

10. In which month in 2023 will Black History month take place in the United Kingdom?

11. The chef Rick Stein is mostly associated with cooking what food?

12. What name is given to a bundle of herbs usually tied together with string and mainly

used to prepare soup, stock and stews?

13. Doctor Peter Mark Roget was born on 18 January, 1779 in London but what is he best known for today?

14. Which breed of dog, a favourite of the Chinese royals, is thought to be a cross between a Pekingese and Lhasa Apso and has a long double coat?

15. How many storeys did each of the World Trade Centre Towers have?

16. Which country was the first to host the modern Olympic Games?

17. What is the name of the famous speech delivered by Martin Luther King Jnr in 1963?

18. What is the name of the Italian dish made with Arborio rice, broth and various ingredients such as mushrooms, seafood or vegetables?

19. What is a number greater than one that cannot be formed by multiplying two smaller numbers?

20. Which South American country was named after the Italian city of Venice?



# The Coffee Time Quiz

Answers  
on page  
26

Photo by Chris Deadman



## Vansell's Cottage

**Chris Deadman  
looks into the  
history of this iconic  
Easebourne Cottage  
and traces the lives  
of its former  
residents.**

### **Rev. Robert Cooke Bull, M.A.**

Rev. Robert Cooke Bull, M.A. Emmanuel College Cambridge, was listed as the occupant of the cottage in the Post Office Directory dated 1878. According to the directory he was living in Easebourne from 1866, the same year he became rector of St Luke's church in Lynch. The civil parish is about five miles north west of Midhurst and in 1861 the population was one hundred and eleven inhabitants. At this time, the parish living (annual income) of the rector was about eighty pounds in the gift of the Earl of Egmont.

The reverend was rector of Lynch between 1862 and 1882. He became the chaplain to the Midhurst Union Workhouse in 1881, and shortly afterwards became the rector of Stedham, holding both posts until 1907.

### Charles Hounsome

Charles Hounsome (age eighty four), a retired house carpenter, was living at the cottage with his wife Hannah (age eighty two) and son James (age fifty) in 1911. Charles was born in Midhurst and lived in North Street in his teenage years. Charles and Hannah were married in Westhampnett in the autumn of 1859. Living locally throughout their marriage they resided initially in the Market Square. In the 1881 census they were recorded as living with Charles' widowed father, Daniel, in North Street with their three sons. In 1901 they were residing in "the Lane" Easebourne, followed by Dodsley Lane ten years later and finally Vansell's Cottage. Charles died in the summer of 1914.

### Arthur Terry

Arthur Terry and his wife Frances were next door neighbours to Charles and Hannah in 1911. Arthur (age Fifty five) was employed at the Cowdray estate as a bricklayer. Living with them was their son Ralph, (age twenty two) a carpenter also employed by Cowdray estate and their daughter Sarah (age nineteen) who worked as a

dressmaker. Arthur was christened in Easebourne on 19 December 1856. His parents were Anthony and Fanny Terry who were living in Upper Street, Easebourne. Shortly before Arthur married Frances in April 1882, the Terry family were living in Lower Street. In the years following their marriage, Arthur and his family lived in Dodsley Lane, "the Lane" (1901 census) and finally at Vansell's Cottage.

### Gallipoli

The parents of Percy and Albert Harper, who are commemorated on the Easebourne War Memorial, have also been residents at the cottage. Their parents were Emma and James Harper. Percy Harper died on 24 August 1915 and is commemorated on the Helles Memorial. It takes the form of an obelisk over thirty metres high that can be seen by ships passing through the Dardanelles Strait. He served with 4th Battallion Royal Sussex Regiment and was involved in the landings on the Gallipoli peninsula in August 1915. Percy became injured, died of his wounds on a hospital ship and was buried at sea. He left a young widow, Amelia age 21 years. His brother, Albert Harper died on 31 July 1918, age 21. Albert also served with 4th Battallion Royal Sussex Regiment, but was with the 34th Division fighting in the Aisne-Marne counter-offensive.



## NEXT TALKS

21 September

### The Natural Navigator

On 21 September the Midhurst Society will host the best-selling author Tristan Gooley, known as 'The Natural Navigator'. He will talk about his latest book 'How to Read a Tree'. Tristan is the author of seven books on nature and the environment, copies will be for sale on the evening.



19 October

### Saving the Blue Bell Pub

On 19 October the speaker will be Nico Dekker, a member of the group that saved the Blue Bell in Cocking from re-development. The Blue Bell reopened as a community asset in July 2020. Nico will tell us how they did it.



Both talks start at 7.30pm.

Talks are open to all, but entrance for non-members is £5.00

■ [www.midhurstsociety.org.uk](http://www.midhurstsociety.org.uk)



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"If you're thinking of using them, I'd say 'do it'! They're fun to work with and they do a great job."

Anne Dennig, Botany Bay Conservancy, Sussex

# A Gardener's Diary

## *Essential Plants for Every Garden*

There are some plants that I would describe as essential for every garden. These of course are firmly perennial, those hardy woody

plants that flower well each year and yet, when not in flower are neat and trouble free for the rest of the growing season.

Although many gardeners enjoy growing a range of colourful annual bedding plants it is much easier if the area chosen for this is not too large, as not only are they expensive to buy or grow on, they are much more work to look after and establish each year and often need regular watering in long dry periods.

Everyone should try at least one Daphne. Although I mentioned Jacqueline Postill in the last article this may get too large for many and it is worth trying a number of smaller varieties. One of these is Daphne Eternal Fragrance. This makes a large rounded evergreen bush, with its main



flowering around June and intermittent flowering of its lovely pink fragrant flowers later on. Another large rounded evergreen bush is

*D. laureola* 'Philippi,' with fragrant yellow green flowers in March and such an attractive shrub to have in the garden for the rest of the year.

There is also *D Valerie Hillier*, named by John Hillier after his wife; this is smaller and daintier than *Eternal Fragrance* but still with me growing really well and flowering freely.

### Lake Garda

Finally on Daphnes, there is a natural hybrid from the mountains near Lake Garda in Italy called *D Ernst Hauser*, after one of the mountain guides. This has grown so well here and is a small low spreading bush covered in deep pink scented flowers during April. ►

*Pictured left: Daphne Eternal Fragrance and Right: Pittosporum Tenuifolium.*

Still on the theme of small rounded evergreens we have *Pittosporum Tenuifolium*.

This has proved less than hardy this last winter but amazingly Tom Thumb is so much better than most of the other forms. The foliage starts a fresh green and then gradually turns to a deep reddish purple by June. I have had this for more than ten years and it has hardly been pruned in that time.

### Walney Island

I will finish with one herbaceous plant, mainly because I have had it for such a long time. The hardy geraniums are a large family with many good species and hybrids.



This particular species came with us when we moved to Easebourne and had been growing in our garden at Sutton Place for many years.

The famous horticulturist, Graham Thomas, tells the story of this geranium growing wild on Walney Island off the coast of Lancashire.

### Summer Flowering

Botanically it is *Geranium sanguinum* 'Lancastriense' low growing with soft pink flowers, lovely with the first flush of roses and then flowering most of the summer and seeding mildly around the garden, always in shades of soft pink.

● John Humphris

■ [jjhumphris@gmail.com](mailto:jjhumphris@gmail.com)

*Pictured: Geranium sanguinum*



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## Delicate Dance by Kirpal Housley

## POETRY CORNER

"Where is it?" he asks,  
again and again.  
What is it that he is looking for now?  
Is he seeking out  
Mind's resurrection?  
To his cells, sparkling, stars,  
Reconnection?  
Why is he losing his mind,  
knowing less?  
When will he ever, again, be himself?  
Fit as a fiddle,  
Upon one's first glance,  
Still no one can know,  
Our delicate dance.  
Set the table please,  
For dinner, my dear,  
"What should I..? Where is the...?"  
He asks yet again.  
Carer first, then wife,  
Now suffering alone.  
No one will see it,  
Her anguish unknown.

In his frustration,  
"It's still all up there!"  
"Just can't express how  
it's meant to be said."  
Inside never wrong,  
He is always right.  
As his brain tells him,  
It's correct in spite.  
Angry at his fate,  
A sad condition.  
She watches disease take hold of her love.  
Tested night and day,  
Tenacious she'll strain,  
She gives and she gives, unfair and in vain.  
He sits in his chair,  
Repeating his beat.  
Where, when, what and why?  
Her memories return,  
to the fond times past.  
Just get through today,  
Just remain steadfast  
And continue, with this delicate dance.

## Treasure Trove



This beautifully crafted nest of tables was hand-made for Ann Harfield's husband Bill (pictured in the frame) who, for many years, was a vicar in Australia. A talented member of his congregation made these three solid (and very heavy!) integral pieces from a redundant church pew. They are made of Eucalyptus Marginata, commonly known as Jarrah, a wood native to Western Australia. They travelled over to England by boat in the late forties and are still much treasured by Ann.

Do you have a similar family heirloom you could share?  
Send a picture and information to:

■ [easebourneditor@btinternet.com](mailto:easebourneditor@btinternet.com)

## NEWS FROM KING EDWARD VII ESTATE



# New Concierge for the Estate

---



**A new concierge has taken up the role at King Edward VII Estate. Until recent times three people have been sharing this important job, but Sean Grant will now be full-time representing the management company, Encore Property Management Group.**

Born in Edinburgh, and having joined up at fifteen years of age, Sean is a military man, with a keen eye for detail. He is a former Scots Guard who, after tours of Afghanistan, Iraq and Sierra Leone, spent time passing on his expertise to younger soldiers, training them in aspects of on-base security, first-aid, fire marshalling and mental health awareness. These are all skills he will find invaluable at the King Edward VII Estate!

I asked him what he is looking forward to most in his new role: 'I will enjoy implementing processes and systems that make the Estate function smoothly,' he told me. 'With the new West Wing expansion coming there will be a lot of work to do. I plan to keep a close eye on everything and make sure the residents here are happy.'

## Reassuring

I then asked Sean if he was impressed with his new surroundings and he informed me that the former sanatorium and its environs are right up there with his former places of work, Windsor Castle and Buckingham Palace. That was nicely reassuring.

● Jan Harvey

# Clubbing Together

**As a legacy of the Coronation celebrations, the residents of the King Edward VII estate have set up six social groups.**

The Coronation Clubs were formed after participating residents made suggestions of what sort of activities would appeal to them.

The final six are The Arts Club; The Walking Club; The Investment Club; The Events Club; The Coffee Club and the LGBT+ Club.

Leader of the latter, Chris Hackett-Pea-



*Leader of the newly formed LGBT+ Club, Chris Hackett-Peacock*

cock, says: 'This is a real opportunity to bring the community together and continue the spirit of fun and laughter we had at our Coronation Party.'

'Our aim is to be inclusive to all and encourage everyone to participate in all the events on offer.'

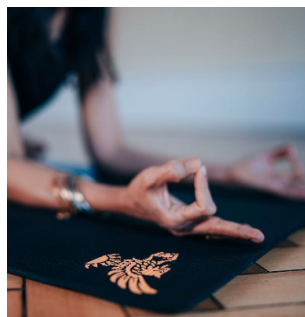
The clubs are open to King Edwards VII Estate residents only, but guests will be invited to many of the get togethers which promise to be very varied indeed.

● Jan Harvey



## Providing Shelter

Following an unfortunate accident in May, a new bus shelter has been constructed by The Parish Council on the A286 at the end of King's Drive. It is a vast improvement on the last one which had seen better days. It is constructed from lapwood panelling and with a roof of cedar shingles. It also has an integral bench which will welcomed by all those who use it, particularly the residents on King Edward VII Estate, who must currently walk just under two miles along Kings Drive to catch a bus.



## COWDRAY WELLBEING

Wellbeing is an important part of the Estate's ethos. Cowdray Hall and Therapy Rooms provide a focal point for self-development, a place where you can come to step aside from the challenges of daily life. Cowdray Hall offers a broad variety of emotional and spiritual workshops, retreats, events and weekly classes.

The tranquil Therapy Rooms sit alongside the Hall and are used by a range of practitioners creating a centre of dedicated therapies including osteopathy, nutrition and acupuncture.

t: 01730 812423

Cowdray Hall Email: [hall@cowdray.co.uk](mailto:hall@cowdray.co.uk) Therapy Rooms Email: [therapy-rooms@cowdray.co.uk](mailto:therapy-rooms@cowdray.co.uk)

[www.cowdray.co.uk/wellbeing](http://www.cowdray.co.uk/wellbeing)

## The Maize Maze



The Maize Maze is very special summer adventure. Cowdray Estate have set up something quite lovely in the fields above the Polo Lawns, a maze made of... maize. There are fun learning activities, sunflowers to be picked and on-the-spot refreshments. This is an enchanting idea carried out in the usual Cowdray style.

For all details visit the website

■ [www.cowdray.co.uk/events](http://www.cowdray.co.uk/events)

## Pirate's Day!



**Saturday 2 September**

A rare opportunity to spot pirates and smugglers as part of a special event with the Cowdray Heritage Trust.

Intrepid maze-goers will take part in some have-a-go activities and learn about the surprising history of piracy in 18th century Sussex with our very own Pirate Captain, Paul Ullson, of the Raven Tor History Group. Talks will take place at 11.00am and 2.00pm followed by a combat demonstration from the Pirates!

Dressing up for the day is actively encouraged!

■ [www.cowdray.co.uk/events](http://www.cowdray.co.uk/events)

## Fresh Milk!

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## Quiz Answers

1. Wembley Stadium arch
2. Submarine (or warship).
3. Forty years old
4. Norway
5. Superior, Michigan, Huron, Erie and Ontario
6. Guinness
7. Wimbledon
8. L S Lowry
9. India.
10. October
11. Seafood
12. Bouquet garni
13. The Thesaurus
14. Shih Tzu
15. 110
16. Greece
17. I Have a Dream
18. Risotto
19. A prime number
20. Venezuela

# Nature Notes

## The Rose-ringed Parakeet

By Michael Blencowe of the  
Sussex Wildlife Trust



Background photograph by Graham Morrison

One of my favourite quotes from *The Simpsons* comes from Springfield's vet: "I love animals. I spend my life saving them and they can't thank me. Well, the parrots can." No creatures are more famed for their ability to talk than parrots. Obviously, their 'talking' is more mimicry than witty after-dinner conversation, a feathered echo chamber, but whether they're chanting 'pieces of eight' on a pirate's shoulder or swearing in front of Auntie Ethel, we humans have been entertained by their backchat for centuries.

There are around four hundred species of parrot on our planet. Their native range encompasses pretty much everywhere south of the Tropic of Cancer. For us Brits their beautiful plumage embodies the exotic; the mystery and excitement of far-away lands. So imagine my surprise when I first saw a big green parrot flying around in Sussex.

The Rose-ringed (or Ring-necked) parakeet looks ridiculously out of place amongst our comparatively drab British birds. With its garish green plumage and red beak, it stands out like a clown who has gate-crashed a funeral. And with that squawk, that incessant, demented squawk, there's no ignoring it.

South-east England's parakeets are among the world's most northerly parrot populations but how did they get here? Some believe they made their great escape from an East London film studio in 1951, after starring alongside Bogart and Hepburn in 'The African Queen'. Others claim that the Parakeets were set 'Stone Free' by Jimi Hendrix, who liberated them from their plastic cage in his girlfriend's London flat. I rather like the idea of American sixties icons being responsible for the spread of non-native species across the UK.

The truth is, with so many parakeets being imported into the UK, it was no surprise that a few slipped their chains and flew the coop. Since the end of the sixties these free spirits have been recreating the Summer of Love across the capital. Forming feral colonies, they have filled the air with their joyous, intolerable screeching and squawking. As for free love, their blatant fornicating in city parks has led to a parakeet population explosion. They were once established in the (sub)urban jungle of Brighton and lived in the trees of Hollingbury from 1977 until the mid-nineties. It can only be a matter of time before the Rose-ringed parakeet moves into suburban Sussex.

# Friends of Easebourne Parish



**In early July, we were advised that the southeastern entrance to Easebourne Park, which is frequently used by parents and children on their way to and from Easebourne Primary School, had become almost impassable.**

Those using push-chairs were really struggling due to brambles and other vegetation encroaching on the path. This problem was promptly addressed by a group of our members.

The latest task undertaken by volunteers involved a

large amount of weeding and general clearing of the closed courtyard to the side of the School. The pictures here clearly demonstrate the difference our volunteers are making in so many different ways.



We will very soon be resuming work on hedgerows and generally clearing overgrown footpaths. There are numerous such areas needing our attention, so please consider joining our group of volunteers.

● **Frank Davies**  
■ **FREPSec@btinternet.com**

**If you would like to become a volunteer please email  
FREPSec@btinternet.com  
or call 07803933694**

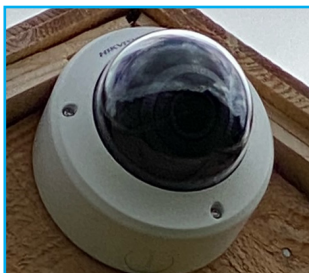
# PARISH NEWS

Judith Macdonald-Lawson,

Easebourne Parish Councillor

The council is disappointed to report that there has been unwellcome activity around the new Eco Loos in Easebourne Park. Sadly, the building has been subject to vandalism. Following coverage on social media the perpetrators came forward and a suitable penance was agreed without further police involvement, however, they are still investigating a second incident.

There also appears to be some drug-related activity in the vicinity



of the building. It is hoped that more CCTV (pictured) will help to deter further problems and keep the park the wonderful, safe and much-loved community asset that it has become.

■ [www.easebourne.org](http://www.easebourne.org)

## Boundary Changes

The Boundary Commission have now published the final new boundary for the constituency of Chichester which is unchanged from their consultation in December 2022.

As a result, Harting, Fernhurst, Midhurst, Easebourne, Loxwood and part of Goodwood will, from the 1 October 2023, become part of the Arundel and Southdowns constituency.

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# Sing, Sing a Song!

## The Fernhurst Choral Society

The Society will open to new members at the start of its new season on Monday 4 September at 7.30pm. Singers from all four voice parts will be made very welcome at Fernhurst Village Hall. Although based in Fernhurst, members come from every corner of the three counties. The first concert of the season, Bach's Christmas Oratorio will be performed in November in St Mary's Church, Petworth. Musical director is Tim Ravalde, the assistant organist at Chichester Cathedral.

■ Nigel Roberts 07485 145141

■ [www.fernhurstchoralsociety.org.uk](http://www.fernhurstchoralsociety.org.uk)

## Midhurst Community Choir

The choir officially starts its new season on Wednesday 13 September at 7.30pm. Rehearsals are held at The Methodist Hall in Midhurst. Tenor and bass singers are particularly welcome as the choir prepares for its winter concert on Saturday 9 December.

■ [www.midhurstcommunitychoir.com](http://www.midhurstcommunitychoir.com)



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# Through The Church Gate



CHURCH NEWS AND INFORMATION

## CHURCH SERVICES FOR SEPTEMBER/OCTOBER 2023

Date	Easebourne	Lodsworth	Selham
3 September Trinity 13	10.30am All Age Comm	6.00pm Evening Prayer	8.30am Holy Communion
10 September Trinity 14	10.30am Holy Communion	9.00am All Age Comm	No Service
17 September Trinity 15	10.30am Holy Communion	6.00pm Celtic Service	8.30am Holy Communion
24 September Trinity 16	10.30am Holy Communion	9.00am Holy Communion	No Service
1 October Harvest	10.30am All Age Communion	6.00pm Evening Prayer	8.30am Holy Communion
8 October Trinity 18	10.30am Holy Communion	9.00am All Age Communion Harvest	No Service
15 October Trinity 19	10.30am Holy Communion	6.00pm Celtic Service	8.30am Holy Comm
22 October Trinity 20	10.30am Holy Communion	9.00am Holy Communion	No Service
29 October Trinity 21	<b>No Service</b>	United Service Lodsworth Village Hall	<b>No Service</b>

**Bold type denotes any changes**

**Rector: Rev Derek Welsman**  
01730 812655

**Curate: Liz Yonge**  
07747 611993

### Churchwardens

#### Lodsworth

Mrs Lynne Todd  
01730 861399

Mr Deryck Hamon  
01730 861850

#### Selham

Mrs J Colman  
01730 861267

Mr Roger Comber  
01730 861320

[www.thepriorychurches.co.uk](http://www.thepriorychurches.co.uk)

# From the Vicar

Reverend Canon Derek Welsman

## *Dear Friends*

As we move away from Summer and our lives engage with the beauty of Autumn, two important events happen in our lives.

Firstly, our children return to school after their summer holidays. Hopefully, despite the rain, for them it has been a time of family fun and friendship.

The school year is an intense time for our children, rest becomes an important part of their yearly cycle. The children will also be transitioning, moving up a year group in our primary and secondary schools, or indeed moving school. In all these things we pray for our children and their teaching staff.

Easebourne Church of England Primary school is at the heart of village life. We see the children walking to school, we hear them playing in the playground and the school also plays its part in key village events. And so, we give thanks for teachers, support staff and our new head teacher Simon Trehern as we begin this new school year.

Secondly, this is a time of harvest. As a rural community, harvest also sits at the heart of our shared life. We see ploughed fields turn to golden crops. We see our cattle, sheep and livestock grazing in open fields. This is what it means to live in a rural area, and it is important to recognise the work of our farmers and all those who work the land. In October, our churches and

schools hold harvest festivals, please look at the service rota for details. But even if going to church is not your thing, do take a moment to stop and celebrate the amazing rural life we share. This summer has been very testing for our farmers – there is real pressure on global food resources currently. Harvest is a time for ‘opening our eyes’ to the realities of what it means to produce food for us all. And so, we give thanks to God for the resources of our world and for all those who work so hard to produce the food we eat.

Happy return to school and harvest celebrations!



# Church Events

Every Wednesday at 3.00pm  
St. Mary's Church Easebourne  
All are welcome

## TEA AT THREE

Join us for coffee, tea, treats and a good chat.

Bring along your crafts; invite your neighbours; children are welcome too.

**Contact Reverend Liz Yonge for more  
information t 07747 611993  
e [revlizyonge@outlook.com](mailto:revlizyonge@outlook.com)**



The Reading Rota  
can now be found on  
the website:

[www.thepriorychurches.co.uk](http://www.thepriorychurches.co.uk)

## Do you love to sing?

St. Mary's Church Choir sing most Sunday mornings at the 10.30am service and also for weddings and funerals. We rehearse on Friday evenings at 6pm and would welcome new voices, both high and low.

**For more information about joining us please phone  
Mary Knight, our organist and choir leader on  
t 01730 812783**



# FRIENDS OF ST MARY'S 200 CLUB

200  
CLUB

## July 2023 Winners

Prize	£	Share	Winner
1	100	91	Eamon Gorman
2	75	59	Derek Welsman
2	75	13	Ian Haggis
3	50	105	Phillip Stringer
3	50	1	Caroline Milne
3	50	38	Robin Sawyer

## August 2023 Winners

Prize	£	Share	Winner
1	100	71	Jenny King
2	75	131	Veronica Jull
2	75	37	Carol Sawyer
3	50	164	Alwyn Stocks
3	50	1	Caroliine Milne
3	50	68	Jenny King

If you would like to join the 200 Club please contact: Mike and Margaret Wharton

**t 01730 810474 or e [mike@mwassociates.eu.com](mailto:mike@mwassociates.eu.com)**

Winners will receive monies by bank transfer

## WOMEN'S FELLOWSHIP

**5 September** General Knowledge Quiz.  
Compiled and conducted by  
Odette Marshall.

**3 October** A talk by Curate Liz Yonge  
on her Journey Towards  
Ministry.

**7 November** Holy Communion and AGM

**5 December** Christmas Lunch

**2.00pm in St. Mary's Church Easebourne**



For all details of The Women's  
Fellowship call Ann Harfield  
on 01730 813810 or  
email [annharfield23@gmail.com](mailto:annharfield23@gmail.com)

## Do you need any help?

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07747 611993

Wednesday 27th September  
3.30pm - 5.30pm

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## Church Contacts

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01730 812655  
derek.welsman@outlook.com

### Curate

#### Liz Yonge

07747611993

### Churchwarden

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01730 817301  
stringers4@btinternet.com

### Churchwarden

Alison Davies  
Merrydown, Bepton,  
Midhurst GU29 OLZ  
01730 816 642  
alitdavis@gmail.com

### Parish Administrator/PCC Secretary

#### Liz Bounton

1 Bourne Way  
Midhurst GU29 9HZ  
lizbounton@gmail.com  
01730 816405

### PCC Treasurer and Gift Aid Secretary

#### Eric Bounton

1 Bourne Way  
Midhurst GU29 9HZ  
e.bounton@btinternet.com  
01730 816405

### Organist and Choir Mistress

#### Mary Knight

01730 812783

### 200 Club

#### Margaret and Mike Wharton

mike@mwassociates.eu.com

### Social Committee

#### Jan Harling

jharlingm@gmail.com



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# Food Bank Update

## Signing Off...

**Just before the beginning of the school holidays, Midhurst Foodbank delivered one hundred and eighty one 'helpful store-cupboard boxes' to one hundred and nine families.**

These are boxes put together to help families feed their children during the summer break. A massive operation, it involves many weeks of careful planning and numerous volunteers on the distribution days.

This year, we delivered over two days and were fortunate to have seventy one volunteers. Boxes were delivered by pairs of volunteers, who are given addresses and directions in Midhurst and the surrounding area. There is also a team of people ready to load boxes. It is fortunate that we have so many willing volunteers as it would be very difficult for so many of the families to collect the boxes themselves.

This whole operation has been expertly organised by Karen Lovett for the last five years. Her dedication to the welfare of children in need has been outstanding. Sadly, she has decided that it is time to step down, she will be greatly missed by the families who have benefited from her kindness as well as the volunteers who

have worked so willingly with her.

I am also finishing my term of office as Coordinator of Midhurst Foodbank at the end of August. It has been a great privilege to head up such an amazing team who give up so much time to support those in need within our community.

Midhurst Foodbank never fails to respond to requests for help. Only this morning I spoke to a young mother who was very tearful because she had simply run out of money, nothing in her purse for food or petrol and hungry children to feed throughout the holiday. She was so relieved to know that we would help her and she would have food at the end of the day.

The Trussell Trust has decided to employ someone to take over my role as well as Karen's and we are very fortunate that this post will be filled by Ines Garci who already coordinates the Foodbank in Petworth.

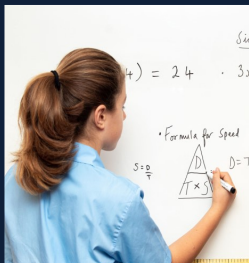
I would like to thank all those who support the Foodbank with generous donations in the Easebourne Church basket, please keep giving. Thank you too for listening.

■ Liz Willing

■ [chichesterdistrict.foodbank.org.uk](http://chichesterdistrict.foodbank.org.uk)

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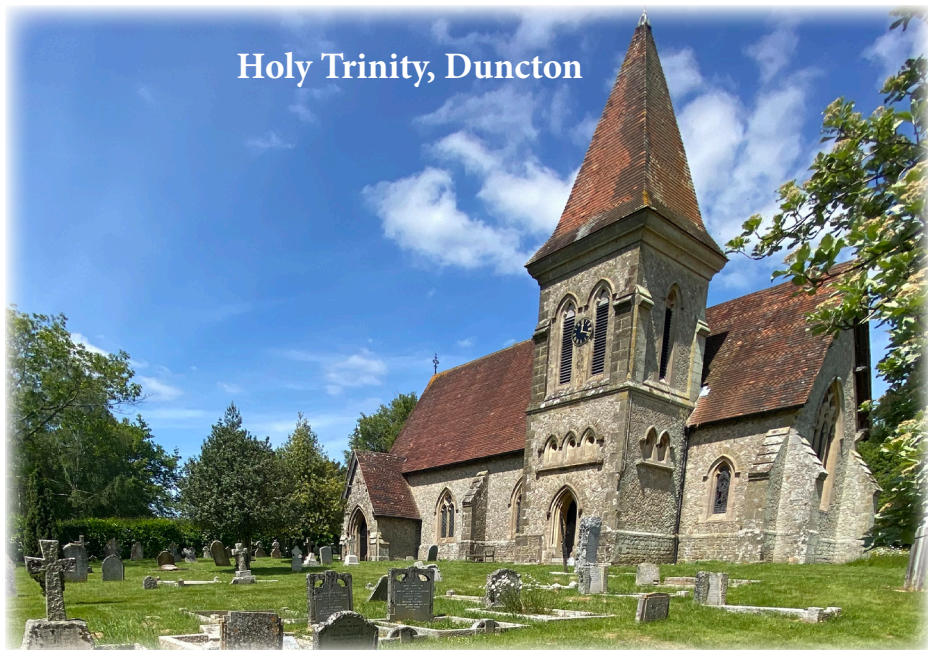
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# Beautiful Churches of West Sussex

## Holy Trinity, Duncton



**For many, it would be very easy to speed past Holy Trinity in Duncton on the A285 without a second glance but, somehow, it always manages to catch my eye. It's something, I suspect, to do with its position, standing as it does boldly facing The Weald.**

Although it is constructed from different coloured stones and has an unusual tower it is not a church with a great presence. It was designed by James Castle of Oxford for Lord Leconfield in 1864 and completed just two years later. Costing around £2500, it is of a fourteenth century style and the interior is dominated by the chancel arch curving inwards in a most graceful way.

Although the church interior offers little to engage the eye, (even the windows

are very plain), the churchyard is very beautiful. It occupies a wide apron of land spreading down towards wildflower meadows and into the downlands.

### Suffragette

Here you will find the grave of the famous suffragette Florence de Fonblanque. She died at her home in Duncton in 1949. On her headstone it says: "Originator and leader of the women's suffrage march from Edinburgh to London 1912."

● Jan Harvey





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